

## **Fun and Economical Ways to Beat the Winter Blahs**

By Andrea Fishman

Northeast Ohio in February: Cold; Gray; Snowy; Icy; Dreary; Miserable. Many of us are suffering from a bad case of the winter blahs. They seem to come out of nowhere, but if you think about it, it's pretty obvious. The holidays are over. You've taken your Christmas decorations down (hopefully—if not, you know who you are and you don't need a lecture). If you're an outdoorsy winter type, good for you. If not, chances are you're looking for something indoors to do. Something that will warm you up and not lighten your wallet too much—yeah, those Holiday bills play into the winter blahs. Anyways, I found some fun and economical ways to beat the winter blahs, right in your own backyard. Read on...

Why wait until the weekend to enjoy your honey? Monday nights are “Date Night” at Twinsburg’s Blue Canyon Kitchen\*Tavern. Dinner for two is only \$35! Diners will enjoy salads, entrées and desserts from a special “Date Night” menu. You’ll even get a special Mousse Bombe to take home for the sitter or for a midnight snack.

If your job makes your community better, you can cash in on Wednesdays at Blue Canyon. Every Wednesday, Blue Canyon honors Police Officers, Firefighters, EMT Drivers and School staff with 25% off entrees. That’s quite a savings just for showing your 2009 ID badge, pay stub or business card. Co-Owner and Executive Chef Brandt Evans told me “It’s our way of saying thank you for a job that we are all very thankful you all do every day. We truly appreciate everything you all do. We know it can be a thankless job, so we want to make sure we thank you. Thanks for protecting and serving our families, our friends and our communities.”

The fun and savings continue on Thursdays for Ladies Night at Blue Canyon. Catch up with your pals (a definite reliever of the winter blahs) while you sample half price appetizers and pizzas, discounted (and delicious) drinks, and 10% off all other menu items. I’m feeling warmer already.

Get moving! Dancing to free live music will certainly take the chill out, as will Blue Canyon’s (adults only) Banana Split Hot Chocolate. Every

Saturday night at 9pm, Blue Canyon features live local bands in the Tavern. Here's the schedule for February:

2/7 Pretzel Logic

2/14 AKA

2/21 The Extremes

2/28 Victory Hwy

Still feeling cold? Warm up the Russian Way—VODKA. On February 5<sup>th</sup>, Blue Canyon is hosting a Skyy Vodka Tasting. It's \$35 per person and you get to try 5 infusion flavors, three cocktails from Blue Canyon's cool drink menu, light appetizers and if you stay for dinner, 10% off your entree. Three lucky guests will also win a Blue Canyon gift card.

Chef Evans explained how these special money saving events came about. "We're all feeling the weight of these tough economic times, but you still need to make life fun. That's where the ideas for some of these specials came from. Come see us, you won't be disappointed"

So, are you feeling better yet? If not, get out there and have some fun! Blue Canyon Kitchen & Tavern is located at 8960 Wilcox Drive in Twinsburg. 330-486-2583. [www.BlueCanyonRestaurant.com](http://www.BlueCanyonRestaurant.com) . Enjoy!